



## **First Aid Renewal at Work Course (FA0001 - HSE approved)**

It is a requirement, within the Health & Safety Regulations for all employers to ensure that should any of their employees who are injured or become ill at work, are attended to by suitably qualified person. This course is aimed at those delegates who want to become the nominated First Aider within their particular working environment gaining a comprehensive, HSE certificated qualification. All of our First Aid training courses are designed to help you meet industry regulatory requirements.

### **Course objectives**

On the completion of this course the holders of this First Aid Certificate will be trained to deliver first aid in accordance with the Health & Safety at Work Act 1974. They will have the ability to give immediate assistance or treatment to a person who has been injured or suddenly become unwell and manage the situation until the arrival of the Emergency Services. This course is approved by the HSE (Health and Safety Executive) in accordance with the Health Safety (First Aid) Regulations 1981.

### **Duration of the Course**

Contact time, excluding breaks must be at least 18 hours (3 days). This includes the final assessment.

### **Validity of the Qualification**

3 years (36 months)

It is advised that they attend regular refresher training during this period, as a minimum annually.

### **Pre-requisites**

The candidate must be 16 years of age at the time of the assessment.

### **What will they learn?**

This course will provide the candidate with the knowledge to deal with the following:

- Priorities of first Aid
- Management of incidents
- Resuscitation (CPR)
- Examination of a Casualty
- Treatment of an unconscious casualty
- Control of Bleeding

- Fracture management
- Burns and Scalds
- Heart Attacks
- Asthma
- Recording and reporting of Accidents/Incidents
- Health & Safety (first aid) Regulations
- First Aid Kits.

### **Assessment**

The qualification is assessed as set out below:

- Continuous assessment by the course tutor
- Completion of a 16 question end of course worksheet (pass mark 12)
- Externally assessed demonstration of CPR on an Adult manikin
- Externally assessed demonstration of casualty handling for an unconscious casualty
- Externally assessed demonstration of the management of a workplace first aid emergency situation.

### **Revalidation**

Re-training can take place up to 3 months prior to the expiry date of a valid certificate. The contact time for the renewal course is 12 hours (2 days). The content will include revision of subjects covered in the initial FAW together with any first aid updates that have been introduced since the completion of the previous course.

### **Bespoke onsite training – let us come to you!**

If you have a minimum of 6 employees that require the same training, let us bring this to you. The training can be tailored to the specific needs of your business and work environment, with the day, time and location arranged to suit.

This option is time efficient and cost effective, eliminating the added expense of time and travel costs.

Our professionally qualified Trainers are experienced in delivering training across a wide range of industries ensuring the course content and examples are relevant.

All of our courses are accredited to a major awarding body and our Trainers are handpicked for their interactive and motivational skills as well as their extensive knowledge of the relevant field.

Within a 30 mile radius there will be no extra cost for travelling, exceeding this there is a charge of 55 pence plus VAT per mile and when necessary subsistence, i.e. reasonable accommodation and meals at cost.

**For further information or to book please contact our Training Team by filling in the enquiry form or call us on 01252 353 040.**