



## **Emergency First Aid at Work Course (FA0002)**

This course is suitable for the smaller businesses/workplaces that are primarily low risk working environments.

### **Course Objectives**

To provide staff with the training required to act as the nominated First Aider. To be confident to take charge of any first aid arrangements, including looking after the equipment and facilities and calling of the Emergency Services when required, during an incident.

### **Duration of the Course**

Contact time, excluding breaks must be at least 6 hours (1 day). This includes the final assessment.

### **Validity of the Qualification**

3 years (36 months)

### **Pre-requisites**

The candidate must be 16 years of age or older.

### **What will they learn?**

This course will provide the candidate with basic life saving first aid skills and knowledge of workplace health and safety regulations, including:

- Health and Safety (first aid) regulations
- Managing an incident
- Role and responsibility of a First Aider
- Priorities of first aid
- Treatment of an unconscious casualty
- Resuscitation (CPR)
- Shock
- Choking
- Bleeding
- Common workplace injuries

## **Assessment**

The qualification is assessed as set out below:

- Continuous assessment by the course tutor
- Completion of a worksheet to the satisfaction of the course tutor

## **Bespoke onsite training – let us come to you!**

If you have a minimum of 6 employees that require the same training, let us bring this to you. The training can be tailored to the specific needs of your business and work environment, with the day, time and location arranged to suit.

This option is time efficient and cost effective, eliminating the added expense of time and travel costs.

Our professionally qualified Trainers are experienced in delivering training across a wide range of industries ensuring the course content and examples are relevant.

All of our courses are accredited to a major awarding body and our Trainers are handpicked for their interactive and motivational skills as well as their extensive knowledge of the relevant field.

Within a 30 mile radius there will be no extra cost for travelling, exceeding this there is a charge of 55 pence plus VAT per mile and when necessary subsistence, i.e. reasonable accommodation and meals at cost.

**For further information or to book please contact our Training Team by filling in the enquiry form or call us on 01252 353 040.**